



# *the* **Calendar**

OFFICIAL NEWSLETTER OF THE NEW YORK COUNTIES REGISTERED NURSES ASSOCIATION, DISTRICT 13 NYSNA

SUMMER-FALL 2007

VOL. 2007 NO.3

What you need to know

## **ANNUAL LEGISLATIVE EVENT—MANHATTAN**

*Talk with your New York City & State Legislators.*

***Hospitals Closures! Recruitment & Retention! Funding for Nursing Education!***

***Patient Safety! Staffing Ratios!***

***Violence in the Workplace!***

DATE: TUESDAY, OCTOBER 16, 2007

TIME: 5:30 p.m. - light dinner

6:00 p.m. - Program

PLACE: Bellevue Hospital Center

Saul J. Farber Auditorium

First Avenue at 27<sup>th</sup> Street, NYC

**CALL NYC RNA OFFICE FOR RESERVATIONS**

**212-673-7110**

**Nursing Students Welcome!**

## **SAVE THE DATE!**

Tuesday, November 27, 2007

### **MEMBERSHIP DINNER MEETING AND PROGRAM**

Totonno's Restaurant  
462 2<sup>nd</sup> Avenue,  
between 26<sup>th</sup> & 27<sup>th</sup> Streets  
New York, NY

*contact hours awarded*

**NYCRNA  
Bylaws  
Amendments  
see page 8.**

**President's Message** *Rosa Parris, MSN, RN*

**New York Counties Registered Nurses Association Has Relocated Its Offices!!**

Summer is almost over and most of us are back to work from our vacations. I hope everyone had a safe and happy summer.

I am very happy to announce that on June 26, NYC RNA moved its offices from 70 West 36<sup>th</sup> Street to 120 Wall Street, 23<sup>rd</sup> Floor. Our door is always open to members and friends; please stop by.

Our phone and fax numbers are the same, and our e-mail address has not changed. Please call, fax or e-mail us. We are here to serve you, the membership.

Members of the Retired Nurses special interest group helped to pack up 70 West 36<sup>th</sup> Street and unpack at 120 Wall Street. Without their help I do not think the move would have been as smoothly executed as it was. I would like to especially thank Vena Baker and Juanita Lloyd-Stanton for their tireless work.

Sincerely,  
Rosa Parris

*The CALENDAR* is published five (5) times annually by the New York Counties Registered Nurses Association, Inc.

**Executive Editor**

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Opinions expressed by writers/authors published in *The Calendar* do not necessarily reflect those of the Association.

**NYCRNA**

120 Wall Street, 23<sup>rd</sup> Floor  
 New York, NY 10005  
 Ph. 212. 673.7110 Fax 212.673.7762  
 nycrna@aol.com  
<http://www.nysna.org/districts/13.htm>

**Mission Statement**

The New York Counties Registered Nurses Association (NYCRNA), District 13 of NYSNA, is a professional membership organization that promotes the nursing community at the local level.

**AGENDA**

<b>September</b>	11	Strategic Planning Committee	5:00 pm
	11	Board of Directors	6:00 pm
	18	RN-SIG Meeting	12:30 pm
	18	Legislative Affairs Committee	6:00 pm
	27-30	NYSNA Convention—Atlantic City, NJ	
<b>October</b>	2	Staten Island Legislative Event Afternoones Restaurant	6:00 pm
	10	CDNAA	Latham, NY
	16	Manhattan Legislative Event Bellevue Hospital Center 23 <sup>rd</sup> & 1 <sup>st</sup> Avenue	5:30-8 pm
	23	NYCRNA-PAC	6:00 pm
<b>November</b>	13	Finance Committee	5:00 pm
	13	Board of Directors	6:00 pm
	20	RN-SIG	12:30 pm
	27	Membership Meeting/Program Totunno's Restaurant	5:00 pm
<b>December</b>	4	Legislative Affairs Committee	6:00 pm
	6, 7	Expanded Council on Nursing Practice Latham, NY	6:00 pm

*\*note change to 2<sup>nd</sup> Tuesday*

*All meetings are held at the NYC RNA office unless otherwise noted.  
 Please call 212-673-7110 for further information.*

**SAVE THE DATE**

NYSNA Convention  
 September 27 – 30, 2007  
 Atlantic City, NJ



## MEMBERSHIP MEETING And "ANNUAL LEGISLATIVE EVENT"- STATEN ISLAND

*Talk with your New York City & State Legislators  
Hospital Closures! Recruitment & Retention!  
Funding for Nursing Education! Patient Safety! Staffing Ratios!  
Violence in the Workplace!*

**Date:** TUESDAY, OCTOBER 2, 2007

**Time:** 6:00 pm **sharp** - Buffet Dinner  
Business meeting to follow

**Place:** **Afternoones Restaurant**  
415 Forest Avenue.  
Staten Island, NY

**Cost:** Buffet Dinner – \$30 - members  
\$35 - non-members  
\$10 - meeting/program only

**Nursing Students Welcome! 212-673-7110**

**Nursing Students Welcome!**



**Nurses House, Inc.**

*A National Fund for Nurses in Need*

**Did you know...**

Since 1922 there has been a charitable organization offering assistance solely to nurses in need? Nurses House, Inc. is the only national non-profit organization dedicated to helping nurses overcome health and financial hardship. Over the past decade Nurses House has helped over 900 nurses regain productivity after suffering from illness, injury, or other dire circumstance.

**"Nurses House helps nurses in need -  
you can too!"**

To learn about our work, and how you can help, please visit  
[www.nurseshouse.org](http://www.nurseshouse.org)

## Members in the News

**Enid Headley Searles** received the Special Recognition Award from the Barbados Nurses Association of America, Inc. The award was presented by Jessica C. Odle, Consul General for Barbados. The occasion was the 40<sup>th</sup> Anniversary celebration of the organization held at Russo's on the Bay, Howard Beach, Queens, on May 20, 2007. Ms. Searles is an active Retired Nurses-SIG member.

On May 9, 2007, **Miriam Moses** attended the 5<sup>th</sup> Anniversary luncheon of Johnson & Johnson's Campaign for Nursing's Future. The event took place at Cipriani on Wall Street in Manhattan.

The Campaign uses a multimedia approach to combat the nursing shortage. It has distributed more than 15 million pieces of recruitment materials to children and adults via schools, high school career centers, and health centers. The Campaign also sponsors and co-hosts galas in select areas to raise funds for renewable student scholarships; \$12 million so far. As a result of its marketing success, nursing school enrollment has experienced a "significant" increase. The Campaign's website is [www.campaignfor nursing.com](http://www.campaignfor nursing.com). For free retention and recruitment materials (including those for kids), visit [www.discovernursing.com](http://www.discovernursing.com).

# Practice ALERT

## Title Protection

As of July 26, 2007 the Nurse Practice Act of New York State Education Law 139 will reflect the passage of an amendment to Section 6903 protecting the practice of nursing and the use of title "registered professional nurse" or "licensed practical nurse". This law forbids anyone not registered as a Registered Professional Nurse (RN) or Licensed Practical Nurse (LPN) from portraying themselves as a nurse or using the title "nurse" or any abbreviation or reference thereof. Current titles such as Certified Nurse Aide (CAN) are not impacted by this law. Individual cases of suspected abuse should be reported to the State Office of the Professions.

Title protection is another means by which the public is assured that the individual, who is providing care, has met the standards for licensure by New York State and is guided in practice and quality of those professional services by the Scopes and Standards and Code of Ethics developed by the American Nurses Association.

The key to understanding when a title is appropriate versus inappropriate can be determined by analyzing whether the title would lead the public to believe that the individual holds professional licensure. For example, the proliferation of a new title, such as "nurse extender," would lead the public to believe that this could be an advanced nursing position. Titles with the use of the word "nurse" or "nursing" that already exist and contextually assist the RN are appropriate and can continue to be used by facilities.

This law is only as enforceable as the education provided to the public by nursing and healthcare organizations. To ensure continued protection and respect for the title of Registered Professional Nurse, NYSNA extends the opportunity for all nurses to educate and enlighten the public and healthcare organizations to this important amendment in the New York State Education Law.

### Examples of Appropriate and Inappropriate Use of the Title "Nurse"

APPROPRIATE	INAPPROPRIATE
Nursing Assistant	Baby Nurse
Nurse Aide	Nurse Extender

*Courtesy of NYSNA*

# Resources for Caregivers

A wealth of resources to help caregivers with information on legal, medical, financial and support issues is available. Here are a few good places to start:

**Administration on Aging (aoa.gov):** Provides caregivers and their parents information on various services including elder rights.

**Area Agency on Aging:** This government program provides a national network of social services. See **n4a.org** (National Association of Area Agencies on Aging) or call 800-677-1116 for your local agency.

**Family Caregivers Alliance (caregiver.org):** Offers programs at national, state and local levels to support caregivers.

**AARP (aarp.org):** Membership organization for people age 50 and older; provides numerous benefits to members.

**Eldercare Locator (eldercare.gov):** A service of the U.S. Administration on Aging; links caregivers with senior services.

**National Academy of Elder Law Attorneys (naela.org):** Provides searchable database to assist in finding an elder-law attorney.

**Medicare Rights (medicarerights.org):** Independent source of health-care information and assistance for people with Medicare.

**National Hospice and Palliative Care Organization (nhpco.org):** Offers information on end-of-life issues and state-specific advance directives.

**Nursing Homes (medicare.gov/nhcompare):** Provides detailed information on the past performance of every Medicare-and Medicaid-certified nursing home in the country.

## IN THE NEWS

### Midcareer workers turning to nursing

Hundreds of mid-career professionals are enrolling in nursing programs, a move some see as helping mitigate a nursing shortage, but one that also is putting pressure on already tight programs. Nationally, the number of people pursuing such second degrees has almost doubled in the last four years. *The Boston Globe* (7/9)

### Report: Severe shortage of nurses, doctors by 2020

The U.S. will see a shortfall of 24,000 doctors and nearly 1 million nurses by 2020, according to a report published by PricewaterhouseCoopers' Health Research Institute. Two key reasons cited were the retirement of many baby boomer health care personnel and a lack of new graduates from nursing and medical schools. *MSNBC/Financial*

*Times* (7/9)

### RNs to get green cards

Effective July 1, nurses from India, China and the Philippines can enter the U.S. on an employment-based category-3 visa and can expect to receive their green cards in less than a year and a half. RNs and physical therapists in the U.S. may now stay and get a temporary work permit while they are waiting for their green cards. *Philippine News* (7/4)

# YES! I KNOW SOMEONE WHO WANTS TO BE A MEMBER

- JOIN** More than 2,000 Registered Nurses living and/or working in Manhattan, the Bronx and Staten Island. Any nurse can be a member!
- ATTEND** Membership programs to keep current with issues and concerns of nurses in the metropolitan area.
- SERVE** On a task force and work with colleagues to advance the shared goals of nurses at the local level.
- HOLD** Elected office and take a leadership role in moving and shaping the future of nursing and health care in New York City.

***Annual dues: \$95; Retired nurses: \$50***

**For additional information, Call: (212) 673-7110 or Fax (212) 673-7762 E-mail: NYC RNA@aol.com**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Work phone \_\_\_\_\_

Employers \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Send check or money order payable to **NYCRNA** and mail to:  
**120 Wall Street, 23<sup>rd</sup> Floor**  
**New York, NY 10005**

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## **NYCRNA-PAC CONTRIBUTIONS** **NYCRNA Political Action Committee**

The NYC RNA-PAC is a non-partisan committee that endorses candidates for local offices who support nursings' positions on health care. Effective July 1, 1999, \$5 of your annual dues will go to support NYC RNA-PAC. Your \$5 will help us to increase political clout in promoting quality patient care and protecting RNs' rights. It will be deducted automatically from your dues. If you do not want to or cannot make this contribution, check the appropriate box below.

- I do not wish to contribute \$5 annually to NYC RNA-PAC.
- I am not a U.S. citizen and do not have a green card. I am unable to contribute to the NYC RNA-PAC.

# Board Members on Inaugural Educational Getaway Cruise




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*Second row left to right: Camille Petty Vice President; Joan Brown, Treasurer; Elaine Briceno, Director, and Christine Smith, Director.*  
*Front row left to right: Ed Pajarillo, President-elect; Anne Bové, faculty; and Georgianna Chin, Director.*

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## Victorious on the Carnival Victory

Excitement was in the air – our first NYC RNA Educational Cruise. There were 37 attendees with half of us being first-time cruisers.

Edmund Pajarillo and Georgianna Chin were our competent leaders. They gave us a good overview of the cruise and the seminar at our first evening meeting. They reminded us that they were available for all concerns and questions.

The Carnival *Victory* docked every so often as Anne Bové, RN, our excellent instructor gave us insights into Healthy People-2010. She enhanced her presentation with personal nursing experiences and practical applications to help facilitate a smoother learning environment. Without a doubt, all of the seminar attendees felt privileged to be in a class with such an auspicious seminar leader.

It took us about a day to figure out how to navigate the ship so we could find various locations. There was food everywhere, throughout the entire cruise with certain days featuring different ethnic fare. The shows were similar to Las Vegas shows. There was bingo where the top prize was a free cruise and of course, a casino that rivaled Atlantic City.

The Carnival *Victory* is a beautiful ship and the crew was always friendly, cheerful and helpful. Our NYC RNA travelers formed a cohesive group; seasoned travelers advising the first-time cruisers.

When it was time to leave the ship, we were happy and sad – reluctant to part from each other and the Carnival *Victory*. Nevertheless, as we finally said goodbye, we vowed to return next year for the next Educational



Cruise. All of the attendees gave us ideas of locations and topics for the future.

We expect all of our members, their family and friends to join us next year.

See you there!!

# *Annual Awards Dinner*

On Friday, May 4, 2007, the New York Counties Registered Nurses Association (NYCRNA) honored its 2007 award recipients at the Annual Awards Dinner, LiGreci's Staaten, Staten Island, New York. The awardees were nominated by their colleagues and peers for accomplishments in nursing, health care and the community.

***Maureen Gavin, RN, Amanda Silver  
Distinguished Service Award***



***Award, with NYSNA Senior Associate  
Director Barbara Conklin***



***Jane Godden, RN, Special Recognition Award***



***Angela Robinson, RN, Outstanding Staff Nurse***



***Executive Director Judy Wessler and staff of the  
Commission on the Public Health System (CPHS),  
Lavinia Dock Distinguished Service Award***



***Marguerite Perinelli, RN, Presidential Citation***



# BYLAWS AMENDMENT FOR ARTICLE XVIII

## RATIONALE:

The RN PAC, the political arm of the Districts 13 & 14 has severed. NYCRNA has reverted to its original political action committee, NYCRNA PAC.

## CURRENT BYLAWS:

### ARTICLE XVIII

#### THE NEW YORK COUNTIES REGISTERED NURSES ASSOCIATION & THE NURSES ASSOCIATION OF THE COUNTIES OF LONG ISLAND POLITICAL ACTION COMMITTEE

##### Section 1      Purpose

The NYCRNA-NACLI Nurses Political Action Committee (NYCRNA-NACLI RN PAC) is the non-partisan political action committee of NYCRNA (The New York Counties Registered Nurses Association) and NACLI (The Nurses Association of the Counties of Long Island).

##### Section 2 Accountability

The NYCRNA-NACLI RN PAC shall operate under its own bylaws, and shall be in conformity and compliance with the policies and legislative platforms of both NYCRNA and NACLI, and in compliance with the New York State Election Law.

The board of trustees of the NYCRNA-NACLI RN PAC shall report to and be accountable to the board of directors of both NYCRNA and NACLI.

## PROPOSED CHANGE:

### ARTICLE XVIII

#### THE NEW YORK COUNTIES REGISTERED NURSES ASSOCIATION POLITICAL ACTION COMMITTEE

The New York Counties Registered Nurses Association Political Action Committee (NYCRNA-PAC) is the non-partisan political action committee of NYCRNA.

##### Section 2      Accountability

a) NYCRNA-PAC shall operate under its own bylaws, and shall be in conformity and compliance with the policies and legislative platforms of NYCRNA and in compliance with the New York State Election Law.

b) The board of trustees of the NYCRNA-PAC shall report to and be accountable to the board of directors of NYCRNA.

# LEGISLATIVE CORNER

## How a Bill Becomes a Law in New York City

When a bill (called an “Intro” in the City Council) is introduced, it is sent to one of 27 council committees for consideration. The chair of the committee decides whether or not to hold a hearing on the measure; at a hearing, the council listens to debate and testimony. The chair then can for a vote on the measure. A majority of the committee members must vote in favor of an Intro for it to pass. If the chair chooses not to hold a hearing or call a vote, the bill can sit indefinitely with no action taken. Other measures include Resolutions (notated as Res.) which are used for legislative actions like adopting budgets or for expressing the opinion of the body. Land use items, such as changes in zoning regulations, are designated as L.U.

Once a bill passes out of committee, it is sent to the full council. If passed by a majority (at least 26 of the 51 council members), the bill is sent to the mayor, who can also hold a public hearing. The mayor then must choose to sign or veto the bill. If the mayor signs the bill, it becomes a local law. If the mayor vetoes the bill, he must return it to the council at the next scheduled council meeting. The City Council has 30 days to override the mayoral veto by a two-thirds majority. In this event, the bill becomes a local law. Land use decisions do not need to be signed by the mayor; they are approved through the city’s Department of City Planning. If the mayor does not sign or veto a bill within 30 days after receiving it from the council, it is considered approved.

In the New York City Council, nearly all of the council votes are unanimous because the speaker controls the legislative agenda for the council; only bills that he wants passed and have enough support to override a veto come up for a vote. Also of the 51 council members, 47 are Democrats, which means a party line vote is never in question.



*On the left, Teresa Torsney, RN, and on the right, Patricia Kane, RN during their presentation, “Engaging Nurses in Political Activism” at the Annual Membership Meeting on March 20, 2007.*



# LUMP-SUM DISTRIBUTIONS

*The Wrong Decision Could Be Costly*

By Yvonne Y. Russell, MBA

Whether it is time to enjoy your retirement or tackle a new career; be sure to carefully weigh your lump-sum distribution options. Depending upon your age and the amount of your distribution, you could be subject to a number of taxes and penalties.

If you are retiring or changing career it's time to decide what to do with the funds in your 401(k) or other type of employer-sponsored qualified retirement plan. Your decision on how to receive your qualified plan distribution does have real life consequences that can mean the difference between living a comfortable retirement or wondering if your savings will last. Naturally, you want to protect what you've accumulated during your years of hard work.

There are a number of options available. Unfortunately, your distribution could be subject to a variety of taxes and penalties.

If for some reason you have already received your lump-sum distribution, minus the 20% withholding tax, all may not be lost. You have 60 days from the date you receive your payout to invest these funds into an IRA or qualified plan. When you file your income tax return, you will receive credit for the 20% withheld. But remember, you only have 60 days to do this. If you fail to act, your entire payout will be subject to state and federal income taxes, and its tax-deferred status will be lost forever.

State and Federal income taxes will take a "bite" out of your distribution.

Arguably, the most devastating tax problem is the mandatory 20% federal income withholding tax that is applied to eligible rollover distributions. If you elect to receive a check directly from your employer, you will only receive 80% of your distribution. In essence, if you expect to receive a check for \$100,000, your employer will withhold 20% or \$20,000, and send you a check for \$80,000.

If these taxes aren't bad enough, a 10% early withdrawal tax (also known as a premature distribution penalty) may be imposed on the entire distribution if you are under 59 1/2, unless the withdrawal is due to death or disability or taken in substantially equal periodic payments. Certain other exceptions may apply.

One way to avoid the 20% mandatory withholding tax, as well as current income taxes, is to directly rollover your qualified distribution.

*If you are 59 1/2 or older you may qualify to receive income payments to help supplement your current income.*

FOR MORE INFORMATION ON HOW YOU CAN AVOID SOME OF THESE TAXES, PLEASE CALL:

**YVONNE Y. RUSSELL, MBA\***  
REGISTERED REPRESENTATIVE

NYLife Securities Inc. (Member NASD/SIPC)  
420 Lexington Avenue – 15th Floor, New York, NY 10170  
Telephone: 646-227-8424 Cellular: 646-227-2755  
Email: yrussell@ft.newyorklife.com

\*QUALIFYING MEMBER – MILLION DOLLAR ROUND TABLE

## You are Cordially Invited to Attend A Pension, Retirement & Estate Planning Workshop

*At this Workshop you will learn:*

- ✓ How you can take income from your retirement plan prior to 59 1/2 without any penalty.
- ✓ How to efficiently transfer retirement assets.
- ✓ How you can allocate your investments to reduce risks and maximize returns.
- ✓ How to maximize your pension income.
- ✓ How you can use the new IRA minimum distribution rules to save thousands of dollars.
- ✓ How you can receive a guaranteed income for life.
- ✓ How you can reduce or eliminate taxes on Social Security benefits.
- ✓ How you can ensure your heirs receive your estate... not the IRS.

### MEETING LOCATION & TIMES

Monday through Thursday 11:00 A.M. — 8:00 P.M.  
Friday 11:00 A.M. — 2:00 P.M.  
420 Lexington Ave. — 15th floor  
*Presentation held every hour on the hour  
One on One and Group meetings*

**Yvonne Y. Russell, MBA\***  
Financial Services Professional

NY Life Securities, LLC  
(Member NASD/SIPC)  
420 Lexington Ave. 15th floor, New York, NY 10170  
(646) 227-8424 (646) 227-8000  
Email: yrussell@ftnewyorklife.com

\*Qualifying Member, Million Dollar Round Table

**Call to reserve your place:**

RSVP Yvonne Russell, MBA  
Phone 646-227-8424 Cellular 917-533-2755  
Subway #4, 5, 6, 7 and shuttle to Grand Central Station

\* Neither New York Life nor its employees offer tax, legal, or accounting advice.  
Please contact your own advisors regarding your particular situation.

## ATTENTION All Hospital Personnel

- Help Protect your Assets from Nursing Homes with Long-Term Care Insurance
- Get Control over the Quality of your Care

*Coverage for:*

Home Health Care; Assisted Living Facility  
Nursing Home Care

### OTHER BENEFITS:

- Asset Protection
- Family Coverage Options
- Variety of Care Choices
- Portability

*For more information please contact:*

**Yvonne Y. Russell, MBA\***

Financial Services Professional

NYLIFE Securities Inc. (Member NASD/SIPC)  
420 Lexington Ave 15th fl, New York, NY 10170

\*QUALIFYING MEMBER, MILLION DOLLAR ROUND TABLE

Phone: 646 227-8424 Cell: 917-533-2755  
Email: yrussell@ft.newyorklife.com

# New York Counties Registered Nurse Association Application for Local Legislative Liaison (LLL)

Legislative Affairs Committee • 120 Wall Street, 23<sup>rd</sup> Floor  
New York, NY 10005 • 212-673-7110 • Fax: 212.673.7762 • nycrna@aol.com

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Credentials \_\_\_\_\_ Date \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Home Mailing Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Fax \_\_\_\_\_

New York City Council District: \_\_\_\_\_ (For information go to: <http://www.nycouncil.info/constituent/index.cfm>)

Are you a NYC RNA member? Yes \_\_\_\_\_ No \_\_\_\_\_ Do you have consistent internet access? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have a non-work related e-mail account? Yes \_\_\_\_\_ No \_\_\_\_\_ Are you registered to vote? Yes \_\_\_\_\_ No \_\_\_\_\_

What is your political party affiliation? \_\_\_\_\_ Are you a member of a labor organization? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, the name of the organization and your role: \_\_\_\_\_

Describe any personal affiliations you have with the city council members or government officials in your district. If you have none, specify that as well.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe any previous political or legislative involvement you may have had. If you have no previous political experience, write "not applicable."

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe any other experience (including any clinical experience) you have that might be helpful in the consideration for a Local Legislative Liaison position.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please return the completed form to the NYC RNA via mail, e-mail or fax.**

As a LLL, I realize I will be asked to:

- establish and mobilize a network of local nurses in assigned areas of New York City;
- act as liaison between NYC RNA and the assigned City Council Member or City Government Official;
- educate and lobby legislators regarding NYC RNA's position on legislation;
- interview candidates in New York City;
- encourage nurses to become involved in campaigns of NYC RNA Legislative Affairs Committee-PAC endorsed candidates;
- assist with fundraising for NYC RNA-PAC;
- communicate candidate's/incumbent's position on issues to the NYC RNA Legislative Affairs Committee;
- attend fundraising activities for endorsed candidates on behalf of the RN-PAC;
- Submit NYC RNA-PAC Fundraiser Report when attending fundraising activities;
- Support and attend at least one LEG Event every fall.

President \_\_\_\_\_ Date \_\_\_\_\_

# September is RECOVERY MONTH



SPAN staff, volunteers, and participants invite you to "Join the Voices for Recovery: Saving Lives, Saving Dollars" in honor of National Alcohol and Drug Addiction Recovery Month. Celebrate how recovery from alcohol or drug-related problems saves lives, careers and resources.



**SPAN staff acknowledges the efforts of the volunteer nurse advocates who support their peers in their recovery efforts.**

If you would like to JOIN THE VOICES FOR RECOVERY by becoming a SPAN volunteer nurse advocate, please call 1-800-457-7261.

SPAN offers advocate training throughout the year at various locations in New York State.



New York Counties  
Registered Nurses Association, Inc.  
District 13, NYSNA  
c/o 11 Cornell Road  
Latham, NY 12110

## CALENDAR ADVERTISING CLOSING DATES

Jan/Feb Issue    Nov 15    Sept/Oct Issue    Aug 1  
Mar/Apr Issue    Jan 15    Nov/Dec Issue    Sept 15  
May/June Issue    Mar 15

Ad Size	One Issue	Same ad, Five Consecutive Issues
One Page	\$500	\$450 each
½ Page	\$350	\$300 each
¼ Page	\$200	\$150 each
Inside Back Full Page	\$600	

### Business Card

Same Card, Four Consecutive Issues ..... \$100  
One Issue ..... \$35

**Advertise your own practice  
or tell a friend!**

Business advertising is not limited to specific categories. Cards for medicine; dentistry; restaurants; hair salons; law offices; insurance; florists; real estate; plumbing; bank services; home care, etc. are accepted.

**Need more information?  
Call 212-673-7110**

## REMINDER

We ask that all District members send dues directly to NYC RNA. Annual dues are \$95 for regular membership, \$50 for retirees and \$35 for new graduate nurses (first year only). **THANK YOU.**

## CALL FOR WRITERS

We're looking for a few good articles and reports of interest. If you would like to write for The Calendar or submit items of interest, please call 212-673-7110.

## YES!

I know someone who wants to be a member.  
Call **212-673-7110** or email **nycrna@aol.com**

Presorted  
First-Class  
US Postage  
PAID  
Albany, NY  
Permit #698