



# THE NINE TIMES

Capital District #9 - New York State Nurses Association

Volume 22, Issue 5

[www.nysna.org/districts/9.htm](http://www.nysna.org/districts/9.htm)

September, 2009

## October Meeting and Program

### Updates from the NYS Board of Nursing

Dr. Barbara Zittel, Executive Secretary, New York State Board of Nursing  
October 1, 2009

The Century House, Latham, NY

*District #9 is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

*A total of 1 Contact Hour has been awarded for this educational activity.*

**Social Time: 5:30-6:00 p.m. - Dinner and Program: 6:00 - 8:30 p.m.**

**Cost:** \$27\* for members, \$32\* for non-members

**Dinner Choices:** Baked Ham with Raisin Sauce, Baked Scrod or Torte Maribou (vegetarian)

**Mail payment and dinner choice to:** Capital District #9, c/o Laisa Burgazoli, 75 Eastern Union Tpke, Averill Park, NY 12018. **RESERVATIONS MUST BE MAILED BY SEPTEMBER 25, 2009.**

**PLEASE NOTE:** The final meal count will be given to the Century House on Monday, September 28, 2009 and **no changes or substitutions** may be made once the count has been given. Last minute reservations will be accepted but we can not guarantee meal selection. Thank you for your understanding and cooperation. Call (518) 674-0640 with questions. Please do not phone in reservations unless **absolutely necessary**.

**\*Please note that the prices for meals have gone up slightly due to an increase in price at the Century House**

### In This Issue:

October Program.....	1
Message from the President.....	2
Election Results .....	2
Committee Reports .....	3-4
Awards Banquet.....	5
District #9 Member featured in AJN ONLINE.....	6

### PLEASE NOTE:

**Deadline for submissions for the November *Nine Times* is October 15, 2009.**  
**Please send your announcements and articles to Laisa Burgazoli at 75 Eastern Union Tpke., Averill Park, NY 12018 or e-mail to [lburgazo@nycap.rr.com](mailto:lburgazo@nycap.rr.com).**  
**All submissions will be considered.**  
**Thank you!**

MESSAGE FROM THE PRESIDENT

Hello Everyone,

It is very exciting to be writing my first President's Message. I hope you have been enjoying your summer between the rain and the cool weather. Let's hope we will have a great fall.

The Board has been busy getting to know each other and have a plan to make this the best year yet. The Board plans to:

- improve the website
- increase membership
- improve retention
- improve the financial position of the District
- provide stimulating educational programs.

I hope you are as thrilled as I am for the start of the 2009-2010 District 9 membership meetings. The meetings give us the opportunity to catch up, have some fun and learn something new. I hope to see you all there.

We want to make your experience with the District great so if you have any questions or would like to make suggestions or comments feel free to contact any Board member or me.

*Kim Hedley*

### 2009 ELECTION RESULTS

<b>1st Vice-President:</b>	Barbara Boden Helen Vartigian
<b>Secretary:</b>	Connie Kudlack
<b>Director at Large:</b>	Rosemarie Casale Sandra Farmer Mary Lee Pollard
<b>Nominating Committee:</b>	Joanne Bonesteel, Co-Chair Gloria Boudreau Bridget Nettleton

*Congratulations to our newly elected Officers, Board Members and Committee Members!*

*Thank you to all nominees and to the membership for participating in the election process.*

#### District #9 Needs YOU!

We are looking for members for all of our Committees and Councils. If you are interested in serving, please contact Laïsa Burgazoli at [lbargazo@nycap.rr.com](mailto:lbargazo@nycap.rr.com) or call 674-0640.

Committees include:

- Bylaws
- Caring and Sharing
- Education and Practice
- Finance
- Legislation
- LENS
- Membership
- Program
- Ways and Means

2009 ANNUAL LEGISLATIVE REPORTStatus of NYSNA priority legislation for 2009 legislative session:

1. Nursing Care Quality Protection Act (A1752/S3527):  
Would require hospitals and nursing homes to disclose to consumers information related to nurse staffing levels and nursing quality indicators.  
-Passed Assembly  
-In Senate Codes Committee
  
2. Educational Advancement for RNs(A2264/S4051):  
Would require registered professional nurses (RNs) to attain bachelor's degrees in nursing within ten years of their initial licensure, while "grandfathering" nurses already in practice and nursing students already enrolled.  
-In Assembly Higher Education Committee  
-In Senate Higher Education Committee
  
3. Preventing Workplace Violence (A3103/S4018):  
Increases penalties for an individual convicted of assaulting a nurse while he or she is at work.  
-In Assembly Codes Committee  
-Passed Senate
  
4. Safe Patient Handling (A2047-A/S3839):  
Requires all facilities implement a safe patient handling policy to reduce the manual lifting of patients by direct care staff.  
-In Assembly Ways and Means Committee  
-In Senate Rules Committee
  
5. Safe Staffing Ratios Nursing (A2264/S3843):  
Would establish minimum nurse-to-patient ratios in all healthcare facilities. This bill was agreed upon by labor unions in New York State that represents registered nurses.  
-In Assembly Ways and Means Committee  
-In Senate Health Committee

Lobby Day 2009

Held on April 21<sup>st</sup> had the highest attendance at over 2,000 attendees.

Respectfully Submitted by  
Pat Gussey RN, MSN, LNC, CNOR

**ANNUAL REPORT, PROGRAM COMMITTEE  
CAPITAL DISTRICT NURSES ASSOCIATION, DISTRICT 9**

<b>Date</b>	October 2, 2008	December 4, 2008	February 5, 2009	April 2, 2009
<b>Topic</b>	Issues and Practices in Today's Genetic Counseling	A Nurse's role in Rebuilding Iraq	Humanitarian Nursing on the Hospital Ship Mercy: Health Care in West Africa	International Nurse Recruitment
<b>Speaker</b>	Bonnie Liebers, MS, RN, CGC	Col. Christine T. Rem, MS, RN	Marie Keevern, BS, RN	Joan Madden, MS, RN
<b>Overview</b>	<ul style="list-style-type: none"> <li>• Describe the concepts of gene penetrance and genetic heterogeneity, as they relate to the limits of genetic testing</li> <li>• Describe the benefits of genetic testing for hereditary predisposition for cancer</li> <li>• Identify the limited ability of genetic tests to rule out all genetic cancers</li> <li>• Explain the underlying methodology of online testing</li> </ul>	<ul style="list-style-type: none"> <li>• Describe the concept of a US Department of State led Provincial Reconstruction Team (EPRT) in Iraq</li> <li>• Describe the benefits of having nurses as members of the EPRT</li> <li>• Identify the special skill sets that nurses bring to an EPRT</li> <li>• Comprehend the lived experiences of an Army nurse in Iraq</li> </ul>	<ul style="list-style-type: none"> <li>• Identify the barriers to healthcare access in an impoverished developing country and the unique way a hospital ship addresses this challenge in West Africa</li> <li>• Discuss five top causes of mortality in children under age five in developing nations and how basic health education can make a positive difference</li> <li>• Recognize how beliefs and "worldview" must be considered before developing an effective teaching program</li> </ul>	<ul style="list-style-type: none"> <li>• Identify recruitment nomenclature</li> <li>• Identify criteria for international nurse recruitment</li> <li>• Discuss the pro's &amp; con's of international nurse recruitment</li> </ul>
<b>Attendance</b>	Signed in: 42 Evals: 38	Signed in: 30 Evals: 20	1. Signed in: 42 2. Evals: 33	Signed in: 30 Evals: 25
<b>Overall evaluation</b>	Excellent: 68% Good: 26%	Excellent: 61% Good: 36%	Excellent: 88% Good: 12%	Excellent: 24% Good: 68%

## 2009 Awards Banquet

The Education and Practice Committee is pleased to announce the following award winners, who were recognized at this year's Banquet held on June 4, 2009.

**The District# 9 Scholarship was awarded to:**

Suja Thomas

**The District #9 Nursing Student Scholarship was awarded to:**

Stacey Garcia

**Nursing Excellence Awards were presented to:**

**Administration/Management:** Mary Lee Pollard

**Advanced Clinical Practice:** Judy Shaw

**Clinical Bedside Practice:** Vicki Smith

**Education:** Joanne Bonesteel

**Mentoring:** Helene Wallingford

**Distinguished Member of District #9:** Helen Vartigian

CONGRATULATIONS to all of those nominated and to the winners for Nursing Excellence Awards.

Thanks is given to all those who nominated the candidates and to the Members of the Education and Practice committee for another successful event.



NEED MONEY? WANT TO HAVE FUN??  
ASK ME HOW!!

Marjorie A. Horner RN, BS  
Home Style Specialist #39965  
180 Rossman Road  
Stuyvesant, NY 12173

[Mhornerathome@rocketmail.com](mailto:Mhornerathome@rocketmail.com)  
[www.athomeamerica.com/marjoriehorner](http://www.athomeamerica.com/marjoriehorner)

## DISTRICT #9 MEMBER, COLONEL CHRISTINE REM, FEATURED IN AJN ONLINE

*A message from Christine:* “Hi from Little Rock. I was so excited to see this and wanted to share with all of you in Albany and let you know that I was in the American Journal of Nursing online in an insert titled "Nursing In A War Zone". You can also access online at [ajnonline.com](http://ajnonline.com). Army Nurse Corps had selected me and submitted me to the American Journal of Nsg in March.”



*Photo courtesy of Col. Christine T. Rem.*

*The following is an excerpt from an add-on to the article “The Vietnam Women’s Memorial: Better Late than Never”, written by Kay E. Schwebke, MD, MPH, which appeared in the AJN’s May 2009 issue.*

Colonel Christine T. Rem poses with Iraqi civilians in Ramadi, which is 70 miles west of Baghdad in the Al-Anbar Province and at the southwestern tip of the Sunni Triangle.

Rem was at Camp Ramadi and served from March 2007 through February 2008. She was a member of a Department of State “embedded provincial reconstruction team” as part of the 2007 “surge” into Iraq. She was a consultant and liaison on health and women and children’s issues and worked to recruit and train nurses and midwives.

“I traveled in convoys five days a week off the base to the Ramadi Municipal Community Center, where I worked with the City Council Directorate Generals of Health, Education, and Women’s Affairs, assisting them in reconstruction and rebuilding efforts,” she wrote. “Iraq has only 30% of the necessary health care professionals (it needs) to provide health care to its citizens.”

# SAVE THE DATES

## Upcoming District #9 Programs:

- December 3, 2009
- February 4, 2010
- April 1, 2010
- June 3, 2010  
(Annual Awards Banquet)

Delta Pi of the Sage Colleges Chapter of Sigma Theta Tau International Honor Society is seeking Nurses that are Leaders in the Community to join our organization.

Our Focus is on Research, Scholarship and Leadership.

For more information on membership please contact Darlene Hoffman at [dhoffman@nycap.rr.com](mailto:dhoffman@nycap.rr.com) or 479-0219.



Sigma Theta Tau International  
Honor Society of Nursing



A specialized college for  
baccalaureate & graduate study

## School of Nursing & Health Systems

✓ **Bachelor of Science in Nursing  
for Registered Nurses**

✓ **Master of Science in Nursing**

**Choice of majors:**

- Adult Nurse Practitioner
- Family Nurse Practitioner
- Nursing Administration
- Gerontological Nurse Practitioner
- Nursing Education

Advanced certificates are also offered in all five MS tracks

✓ **Accelerated RN to BS/MS Program**

- ✓ **CCNE accredited**
- ✓ **Full-time and part-time study**
- ✓ **Flexible schedules: day, evening and weekend classes**
- ✓ **Courses offered on campus (Thruway Exit 31)**
- ✓ **Courses offered in out-reach capital district sites**
- ✓ **Selected courses offered on-line and through distance education**

### Contact Us!

SUNY Institute of Technology  
School of Nursing & Health Systems  
P.O. Box 3050, Utica, NY 13504-3050

**(315) 792-7295**  
[www.sunyit.edu](http://www.sunyit.edu)  
[admissions@sunyit.edu](mailto:admissions@sunyit.edu)



# The Nine Times

Capital District #9 - New York State Nurses Association

---

c/o The Veronica M. Driscoll Center for Nursing  
2113 Western Avenue, Suite 3  
Guilderland, NY 12084  
(518) 674-0640

COUNTIES: Albany, Columbia, Rensselaer, Saratoga, Schoharie, Warren & Washington

EDITOR: Robin Raco

**September, 2009**

PRESIDENT: Kim Hedley

1ST VICE-PRESIDENT: Barbara Boden

Co- 2ND VICE-PRESIDENTS: Susan Birkhead, Helen Vartigian

TREASURER: Martha Desmond

SECRETARY: Connie Kudlack

BOARD OF DIRECTORS: Ann Bentzen, Rosemarie Casale, Sandra Farmer,  
Mary Lee Pollard, Sharon Robinson, Brenda Williams

---

Capital District #9 - New York State Nurses Association  
c/o The Veronica M. Driscoll Center for Nursing  
2113 Western Avenue, Suite 3  
Guilderland, NY 12084



**Address Service Requested**