

To Life! Presents...

First Annual Women's Health Conference: *Breast Cancer Updates and Women's Wellness Issues*

Date Tuesday, December 6, 2011
Time 8:00am - 5:00pm
Place New York State Nurses Association
11 Cornell Road, Latham, NY

Featured Presentations

Breast Cancer Keynote: The Latest in Prevention and Treatment

Dr. Martin Tenniswood, PhD, SUNY Cancer Research Center

Screening Services Available in the Community

Kathy DiCaprio, Cancer Services Program of Albany County

Cultural Sensitivity: Engaging Minority Populations and Building Relationships

Ladan Alomar, Centro Civico of Amsterdam

Your Personal Genome: How Genes Affect Your Health

Dr. Janet Gargiulo, MD, New York Oncology Hematology

Living with Uncertainty: A Survivor's Perspective

Rachel Sperry, MSW, Breast Cancer Survivor

Breakout Sessions

Newly Diagnosed: What do I need to know and do?—Sabrina Mosseau, BS, RN, OCN and Barb McHale, BS, RN, OCN, CBCN, Samaritan Hospital Cancer Treatment Center • ***Lymphedema***—Kathryn Anilowski, MS, PT, CLT-LANA, Kinder Touch Lymphedema Center • ***ER/PR+ vs. ER/PR- Hormone Status***—Dr. Jenny Romero, MD, St. Peter's Cancer Care Center • ***Hyperbaric Oxygen Therapy in Treating the Late Effects of Radiation***—Dr. Ivan Hernandez, MD, Mobile Hyperbaric Center, Seton Health • ***Fitness and Nutrition Tools***—Mary Katherine Ibbetson, Cancer Exercise Specialist • ***Rebuilding: Life After Cancer***—Karen Carey, Life Coach, Life Stylized • ***Finding a Spiritual Center in Cancer Wellness: For Patients & Caregivers***—Diane Cameron Pascone, Caregiver and Teacher • ***Managing Treatment Side Effects with Complementary Therapies***—Dr. Ronald Stram, MD, Center for Integrative Health and Healing

This conference is **free of charge** and includes morning coffee and midday lunch. The New York State Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This program has been awarded 6.75 contact hours.

***Please visit www.tolife.org/registration.html
to view conference objectives and to register***



For more information contact Leanna at 439-5975, Ext. 22. Visit www.tolife.org to learn more about the organization.